

SUMMER BODIES ARE EARNED IN FALL & WINTER!

**Fitness Hopper available for this class

Monday: 5:15pm, City Hall

Wednesday: 8:30am, WPCC

Tuesday: 5:30am, WPCC

Thursday: 6pm, City Hall

**schedule subject to change. call for updated schedule.*

\$32 punch card
(9 classes)

POUND[®]
ROCKOUT. WORKOUT.

\$4 daily
(paid in advance)
\$6 drop-in

